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# Genes that affect cholesterol synthesis, cholesterol absorption, and chylomicron assembly: The relationship between the liver and intestine in control and streptozotosin diabetic rats

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#### **Abstract**

Chylomicrons and very low-density lipoproteins (VLDLs) are abnormal in diabetes. The aim of this study was to compare the expression of Niemann-Pick C1-like1 (NPC1L1), adenosine triphosphate-binding cassette (ABC) proteins G5 and G8, microsomal triglyceride transfer protein (MTP), and 3-hydroxy-3-methylglutaryl coenzyme A (HMGCoA) reductase in the fasting and fed states in nondiabetic Sprague-Dawley rats fed a high-fat/cholesterol diet and to examine the messenger RNA (mRNA) expression of these proteins in the liver and intestine of diabetic and control animals using streptozotosin diabetic cholesterol-fed rats. Chylomicron and VLDL concentrations were significantly lower after a 12-hour fast in fasted compared with fed rats (P < .02). There was no change with fasting in mRNA expression of any of the genes in the intestine, but MTP level was significantly lower in the liver after the 12-hour fast (P < .01). There was a positive correlation between intestinal NPC1L1 mRNA and chylomicron cholesterol (P < .01) and between hepatic NPC1L1 mRNA and VLDL cholesterol (P < .01). The diabetic rats had significantly higher chylomicron and VLDL cholesterol, triglyceride, and apolipoprotein B-48 and B-100 levels compared with control rats (P < .001). They had significantly increased NPC1L1 and MTP mRNA in both liver and intestine (P < .05 and P < .0005, respectively), and ABCG5 and ABCG8 mRNA were significantly reduced (P < .05). HMGCoA reductase mRNA was increased in diabetic animals (P < .01). In conclusion, fasting intestinal gene expression reflects the fed state. In diabetes, intestinal and hepatic gene expression correlates with abnormalities in chylomicron and VLDL cholesterol.

## 1. Introduction

Abnormal cholesterol metabolism plays a major part in the development of atherosclerosis in diabetes. Cholesterol absorption through the intestinal villi is controlled to some extent by the *Niemann-Pick C1-Like1 (NPC1L1)* protein and inhibition of this protein has been shown to significantly reduce absorption [1,2]. Cholesterol absorbed in the intestine comes from both dietary cholesterol and biliary cholesterol as part of the enterohepatic circulation. Absorption of cholesterol newly synthesized in the intestine for which *3-hydroxy-3-methylglutaryl coenzymeA (HMGCoA)* reductase is the rate-limiting enzyme may also require the *NPC1L1* protein, although this remains to be proven. *NPC1L1* is also found in the liver but its role there has

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not been clearly defined. Increased cholesterol absorption has been shown in streptozotosin diabetic rats [3], although we were unable to confirm this [4]. Increased cholesterol absorption has also been described in patients with type 1 diabetes mellitus [5]. We have recently described an increase in intestinal *NPC1L1* in human subjects with type 2 diabetes mellitus [6], but there is no information on *NPC1L1* in the liver in diabetes.

Adenosine triphosphate—binding cassette (ABC) proteins G5 and G8 regulate cholesterol homeostasis. They work in tandem to re-excrete some of the absorbed cholesterol and virtually all plant sterols back into the intestine from the intestinal villi. In the liver, they regulate cholesterol excretion into the bile [7,8]. Streptozotosin-induced diabetes in rats has been shown to reduce these intestinal and hepatic cholesterol transporters, and insulin supplementation was found to normalize the changes [9,10]. In human type 2 diabetes mellitus, intestinal *ABCG5* and *ABCG8* messenger *RNA* (mRNA) is reduced [6].

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Microsomal triglyceride transfer protein (MTP) is responsible for the assembly of the chylomicron particle in the intestine, and very low-density lipoprotein (VLDL) in the liver. We have demonstrated an increase in *MTP mRNA* in both liver and intestine of diabetic rabbits [10] and in nondiabetic obese Zucker rats [11]. In streptozotosin diabetic rats, we found the increase only in the intestine [12]. Lewis et al [13] found increased *MTP* expression in isolated enterocytes from fructose-fed hamsters, a model of insulin resistance, and this was associated with oversecretion of apolipoprotein (apo) B-48. In human studies, we have shown an increase in *MTP mRNA* in the intestine of fasting type 2 diabetic patients [6,14].

NPC1L1, ABCG5/ABCG8, HMGCoA reductase, and MTP all have a sterol response element in the promoter region. NPC1L1 mRNA was shown to be down-regulated by cholesterol feeding in experiments in mice [15], whereas in hamsters, NPCIL1 mRNA was not altered by cholesterol feeding, but ABCG5 and ABCG8 mRNA appear to be sensitive to cholesterol feeding in the hamster [16]. The MTP gene promoter is positively regulated by cholesterol [17,18] and HMGCoA reductase is down-regulated [19].

The metabolic defect in diabetes is to a large extent a postprandial phenomenon. The mechanism of the disturbance in the lipoprotein cascade from chylomicron through VLDL to LDL in diabetes is poorly understood. The diurnal variation of the above newly described genes has not been examined, and there has been little investigation into the relationship between intestine and liver in the control of cholesterol homeostasis in diabetes. The present study investigates the effect of fasting on the above gene expression in normal rats fed a high-cholesterol diet. The second aim of the study was to explore the relationship between the expression of genes regulating cholesterol synthesis, absorption, and lipoprotein assembly in the liver and intestine using the streptozotosin diabetic rat as a model of diabetes.

## 1.1. Study protocol

Forty Sprague-Dawley rats were examined in this study and were divided into 4 groups. All animals were fed a high-fat (40% fat), high-cholesterol (0.5%) chow diet (Harlan, Oxford, UK) for 10 days before being killed. We used a high-fat, high-cholesterol diet to stimulate chylomicron production. Twenty percent of the fat was palmitic acid, 25% stearic acid, 29% oleic acid, and 26% linoleic acid, with 0.5% cholesterol.

To investigate the effect of feeding on the intestinal and hepatic expression of *NPC1L1*, *ABCG5/ABCG8*, *HMGCoA reductase*, and *MTP mRNA*, 3 groups of 10 nondiabetic Sprague-Dawley rats were examined after 10 days of ad-lib feeding. Ten of the rats were killed after the feeding period at 8 AM, 10 after a 6-hour fast, and 10 after a 12-hour fast (one of the rats from the 6-hour–fast group died before experimentation). The rats were exsanguinated and chylomicrons and VLDL were isolated from the plasma. The liver

was removed and samples were stored in RNAlater. The intestine was washed, the mucosa was scraped from the jejunum, and samples were stored in RNAlater for *NPC1L1*, *ABCG5* and *ABCG8*, *MTP*, and *HMGCoA reductase mRNA* determination.

To examine the effect of diabetes on genes influencing chylomicron and VLDL formation, diabetes was induced in 10 of the rats by subcutaneous injection of streptozotocin (60 mg/kg, in sodium citrate buffer). The rats were allowed to stabilize for 24 hours. Diabetes was confirmed within 30 hours by a blood glucose level greater than 20 mmol/L (2 rats did not survive). Diabetic control was monitored in tail vein blood samples. Food and water intake of each rat was monitored before and after the induction of diabetes, and each animal was weighed on a daily basis. Animals had confirmed diabetes for 10 days before the experiment and were fed the above high-fat diet during this period. Rats were killed at the end of the feeding phase at 8 AM. The rats were exsanguinated and chylomicrons and VLDL were isolated from the plasma. The liver was removed and samples were stored in RNAlater, and the intestine was washed, mucosa was scraped, and samples were stored in RNAlater for NPC1L1, ABCG5 and ABCG8, MTP, and HMGCoA reductase mRNA determination.

# 1.2. Lipoprotein isolation

After separation of plasma, the following preservatives were added to prevent oxidation and degradation of apo B: phenylalanyl-prolyl-arginyl-chloromethyl ketone (1 mmol/L), phenylmethylsulfonyl fluoride (0.1 mmol/L), sodium azide (0.02% wt/vol), aprotinin (0.05 TIU), and EDTA (0.1%). Chylomicrons and VLDL were isolated from the plasma by sequential ultracentrifugation as previously described [20]. Plasma was overlaid with a solution of density 1.006 g/mL and centrifuged at 20000 rpm at 4°C for 30 minutes in a Beckman L7-55 ultracentrifuge using a fixed-angle rotor. Chylomicrons were carefully removed from the top of the tube with a stretched Pasteur pipette. The infranate was topped up with 1.006-g/mL solution and was centrifuged at 40 000 rpm at 4°C for 18 hours to isolate VLDL. Lipoprotein fractions were stored at 4°C and lipoproteins and apoproteins were measured within 1 week.

### 1.3. Biochemical analyses

Capillary blood glucose level was measured with a glucometer (Boehringer Mannheim, Mannheim, Germany). Chylomicron cholesterol and triglyceride were measured by an enzymatic colorimetric method using kits from Boehringer Mannheim.

# 1.4. Chylomicron and VLDL apo B-48 and B-100 determination

Chylomicron and VLDL apo B-48 and apo B-100 were separated by sodium dodecyl sulfate-polyacrylamide gel

Table 1
Effect of fasting on chylomicron and VLDL composition

	Chylomicron			VLDL		
	Fed	6-h Fast	12-h Fast	Fed	6-h Fast	12-h Fast
n	10	9	10	10	9	10
Triglyceride (mg/mL plasma)	$91 \pm 30$	$78 \pm 35$	$53 \pm 24$	$99 \pm 43$	$90 \pm 35$	$62 \pm 12$
Cholesterol (mg/mL plasma)	$45 \pm 12$	$42 \pm 8$	$29 \pm 8$	$58 \pm 27$	$52 \pm 27$	$30 \pm 9$
Apo B-48 (μg/mL plasma)	$19 \pm 9$	$17 \pm 6$	7 ± 2**	$9 \pm 5$	$9 \pm 4$	4 ± 2*
Apo B-100 (μg/mL plasma)	$17 \pm 8$	$19 \pm 8$	6 ± 3*'†	$27~\pm~11$	$24 \pm 6$	14 ± 4**

Values are mean  $\pm$  SD.

electrophoresis using 4% to 15% gradient gels (Biorad, Hercules, CA) as previously described [20]. The bands were quantified by densitometry using Vilber Lourmat equipment (Vilber Lourmat Biotechnology, Marne La Valee, France) and Bio1D v6.32 software (Vilber) for analysis.

#### 1.5. Total RNA extraction

Ten milligrams of liver or intestine that had been stored in RNAlater was homogenized in RLT buffer (Qiagen, Crawley, UK) using a Mixer-Mill 300 (Qiagen) and 5-mm stainless steel beads. The RNA from this homogenized sample was then extracted using the RNeasy Mini Isolation Kit (Qiagen). The sample was treated with a ribonuclease-free deoxyribonuclease set to eliminate any contaminating DNA. The RNA was then eluted into 50  $\mu$ L ribonuclease-free H<sub>2</sub>O, aliquoted, and stored.

# 1.6. RNA quantification

*RNA* was quantified by using the QuantiT Ribogreen *RNA* Assay Kit (Molecular Probes, Eugene, OR). An *RNA* standard curve was constructed by using dilutions of a supplied, known amount of RNA and read on a dual-band plate reader with an excitation wavelength of 500 nm and an emission wavelength of 525 nm. Samples were calculated by linear regression from this standard curve.

### 1.7. Reverse transcription

RNA was reverse transcribed as part of the 2-step real-time reverse transcription-polymerase chain reaction (RT-PCR)

to complementary DNA (cDNA) using TaqMan Reverse Transcription Reagents (Applied Biosystems, Dublin, Ireland). A GeneAmp 2400 PCR System (Applied Biosystems) was used and the conditions were as follows: 10 minutes at 25°C, 30 minutes at 48°C, and 5 minutes at 95°C. Eight hundred nanograms of each sample in 100µL was reverse transcribed to cDNA, with 80 ng of the cDNA to be used in the next step.

### 1.8. Real-time PCR

Ten microliters of the cDNA containing 80 ng of cDNA was used in the real-time PCR analysis. The rat-specific primers and probes for the genes of interest were purchased from Applied Biosystems using the Assay-on-Demand system. Thermal cycling conditions and volumes of ingredients are already optimized using this system. The thermal cycling conditions used were as follows: stage 1 at 50°C for 2 minutes, stage 2 at 95°C for 10 minutes, stage 3 at 40 repetitions of 95°C for 15 seconds alternating with  $60^{\circ}$ C for 1 minute. A sample volume of  $25\mu$ L was used in each well. Primers and probes were used from a 20× stock solution and the final concentration was  $1\times$ . A  $2\times$  master mix solution was added to each well at a final concentration of 1×. Two microliters cDNA containing 80 ng was added separately into each well and an SD on CT value of less than 0.3 was accepted. Glyceraldehyde-3-phosphate dehydrogenase (GAPDH) was used as the housekeeping gene and all reactions were done as single-plex reactions on a 96-well plate. A TagMan Universal PCR Master Mix was used

Table 2 Effect of fasting on hepatic and intestinal mRNA expression (AU)

mRNA		Intestine			Liver		
	Fed	6-h Fast	12-h Fast	Fed	6-h Fast	12-h Fast	
n	10	9	10	10	9	10	
NPC1L1	$51 \pm 68$	$104 \pm 64$	$36 \pm 43$	$15 \pm 5$	$15 \pm 5$	$11 \pm 3$	
ABCG5	$84 \pm 35$	$82 \pm 41$	$106 \pm 58$	$72 \pm 28$	$77 \pm 22$	$72 \pm 22$	
ABCG8	$4 \pm 4$	$3.5 \pm 2$	$3.4 \pm 1.6$	$66 \pm 34$	$70 \pm 14$	$64 \pm 21$	
HMGCoA reductase	$45 \pm 27$	$51 \pm 24$	$46 \pm 23$	$95 \pm 26$	$76 \pm 12$	$80 \pm 13$	
MTP	$47 \pm 40$	$53 \pm 27$	$48 \pm 27$	$78 \pm 12$	$61 \pm 10$	41 ± 9**	

Mean + SD.

<sup>\*</sup> P < .05, different from fed rats.

<sup>\*\*</sup> P < .01, different from fed rats.

<sup>†</sup> P < .05. different from 6-hour–fasted rats.

<sup>\*\*</sup> P < .001 different from fed rats.

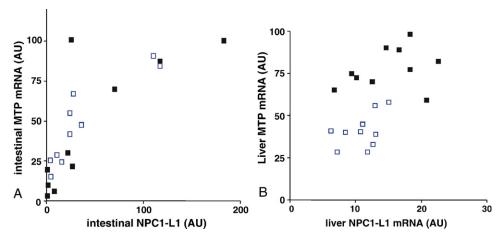


Fig. 1. Correlation in nondiabetic animals (n = 10) between (A) intestinal MTP and NPC1L1 mRNA in the fed ( $\blacksquare$ , r = 0.76, P < .001) and fasting (12 hours) ( $\square$ , r = 0.84, P < .001) states and (B) between hepatic MTP and NPC1L1 mRNA in the fed ( $\blacksquare$ , r = 0.30, not significant) and fasting (6 hours) ( $\square$ , r = 0.66, P < .05) states.

(Applied Biosystems) as the mix for the rest of the PCR ingredients. Analysis was run on an ABI-prism 7000 and the  $2^{-\Delta\Delta CT}$  method of relative gene expression was used. Results were expressed as arbitrary units (AU) in comparison to *GAPDH*.

## 1.9. Statistical analysis

Statistical analysis was performed using 1-way analysis of variance for multiple comparisons with a post hoc Tukey honestly significantly different test to compare groups in the time course study. Student t test (unpaired) was used to compare diabetic with control rats. Nonparametric tests were used for triglyceride analysis. Correlation coefficients were measured by linear regression analysis (Microsoft Excel) and figures were made using Cricket Graph. Data are expressed as the mean  $\pm$  SD or mean  $\pm$ 

SEM in graphs. A P value of less than .05 was regarded as statistically significant.

#### 2. Results

# 2.1. Effect of feeding on lipoprotein composition in control rats

There was no difference in the mean weight of the 3 groups of control rats ( $408 \pm 30$ ,  $410 \pm 17$ , and  $412 \pm 36$  g). Chylomicron and VLDL composition after feeding and after 6- and 12-hour fasts is shown in Table 1. There was very little difference between fed and 6-hour-fasting lipoprotein values but there was a significant reduction in chylomicron and VLDL triglyceride, cholesterol, apo B-48, and apo B-100 (P < .02) after the 12-hour fast.

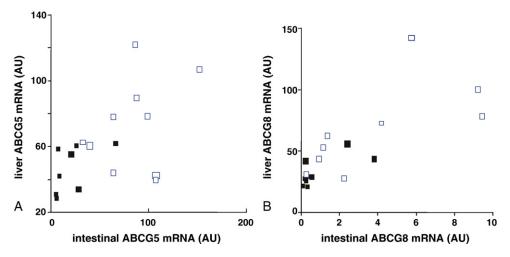


Fig. 2. A, Correlation between *ABCG5 mRNA* in the intestine and liver in the combined group (n = 18) of diabetic ( $\blacksquare$ ) and control ( $\square$ ) animals (n = 10, r = 0.54, P < .05) (no correlation when the diabetic and control animals were analyzed separately). B, Correlation between intestinal and liver *ABCG8 mRNA* in the combined group (n = 18) (r = 0.68, P < .001) and in the diabetic ( $\blacksquare$ , n = 8) (r = 0.63, P < .05) and control ( $\square$ , n = 10, r = 0.64, P < .05) animals analyzed separately.

Table 3
Effect of diabetes on lipoprotein composition

	Ch	ylomicron	VLDL		
	Control	Diabetic	Control	Diabetic	
n	10	8	10	8	
Triglyceride (mg/mL plasma)	91 ± 30	496 ± 206***	99 ± 43	835 ± 242***	
Cholesterol (mg/mL plasma)	45 ± 12	357 ± 141***	58 ± 27	398 ± 139***	
Apo B-48 (μg/mL plasma)	19 ± 9	208 ± 74***	9 ± 5	108 ± 39***	
4 C 1	17 ± 8	158 ± 43***	27 ± 11	376 ± 132***	

<sup>\*\*\*</sup> P < 0001, different from control rats.

Table 2 shows the intestinal and liver mRNA at the various time points. There was no significant difference between the fed state and 12-hour fasting for intestinal NCP1-L1, ABCG5/ABCG8, HMGCoA reductase, or MTP mRNA. There was no change in liver NPC1L1, HMGCoA reductase, or ABCG5/ABCG8 mRNA over the 12-hour period. Hepatic MTP mRNA expression fell significantly in stepwise fashion after 6 and 12 hours and was significantly reduced at 12 hours (P < .01).

# 2.2. Relationships between ABCG5, ABCG8, NPC1L1, and MTP in the fed and fasted state

As expected there was a strong positive correlation between intestinal ABCG5 and ABCG8 mRNA (r = 0.75, P < .001) and between ABCG5 and ABCG8 mRNA in the liver (r = 0.92, P < .0001).

There was a strong positive correlation between intestinal *NPC1L1* and *MTP mRNA* in both the fed (r = 0.76, P < .01) and fasting (r = 0.84, P < .001) states and between liver *NPC1L1* and *MTP mRNA* in the fasting state (6 hours) (r = 0.66, P < .05) but no correlation in the fed animals (Fig. 1).

# 2.3. Relationship between intestinal and hepatic mRNA expression of ABCG5/ABCG8, HMGCoA reductase, MTP, and NPC1L1

In the fed state, when the diabetic and control rats were combined, there was a significant positive correlation

Table 4
Effect of diabetes on intestinal and hepatic mRNA expression (AU) (fed)

mRNA	I	ntestine	Liver		
	Control Diabetic		Control	Diabetic	
n	10	8	10	8	
NPC1L1	$51 \pm 68$	231 ± 181*	$15 \pm 5$	$24 \pm 9*$	
ABCG5	$84 \pm 35$	20 ± 19***	$72 \pm 28$	47 ± 14*	
ABCG8	$4 \pm 4$	$0.9 \pm 1.4*$	$66 \pm 34$	$33 \pm 12*$	
HMGCoA reductase	45 ± 27	$67 \pm 23$	95 ± 26	164 ± 71**	
MTP	$47\pm40$	266 ± 156***	$78 \pm 12$	320 ± 79***	

Values are mean  $\pm$  SD.

between intestinal and hepatic ABCG5 mRNA (r = 0.54, P < .05) but no correlation in the control and diabetic animals when analyzed separately (Fig. 2). There was also a significant positive correlation between intestinal and hepatic ABCG8 mRNA in the combined group (r = 0.68, P < .001) and in the diabetic (r = 0.63, P < .05) and control animals (r = 0.64, P < .05) analyzed separately (Fig. 2).

In control animals, there was no correlation in the fasting state between intestinal and hepatic *ABCG5* or *ABCG8* and there was no correlation between intestinal and hepatic *NPC1L1*, *HMGCoA reductase*, or *MTP mRNA* in either the fed or fasting states.

# 2.4. Effect of diabetes on chylomicron and VLDL composition and on intestinal and hepatic mRNA expression

The diabetic rats were examined in the fed state and compared with fed control animals. Diabetic rats had a mean blood glucose of  $32 \pm 4$ mmol/L compared with  $5.3 \pm 1.2$  mmol/L for control rats and they were significantly lighter than control animals ( $260 \pm 41$  vs  $428 \pm 30$ g) when killed. Triglyceride, cholesterol, apo B-48, and apo B-100 levels in both the chylomicron and VLDL fractions were very significantly higher in the diabetic rats (P < .0001) (Table 3).

Table 4 compares mRNA expression in the liver and intestine of the diabetic and control rats.  $NPC1L1 \ mRNA$  was increased significantly in both intestine and liver in the diabetic animals (P < .05), whereas ABCG5 and ABCG8 mRNA were reduced in both intestine (P < .005 and P < .05, respectively) and liver (P < .05). Intestinal and hepatic HMGCoA reductase mRNA were increased in the diabetic rats compared with controls, but the increase was significant only in the liver (P < .01). MTP expression was significantly increased in both the intestine and the liver (P < .0005).

Table 5 Correlations between chylomicron cholesterol and intestinal and hepatic mRNA (AU) in the fed state

	Whole group		Diabetic		Control	
	Chylomicron cholesterol (r)	P <	Chylomicron cholesterol (r)	P <	Chylomicron cholesterol (r)	P <
Intestine						
NPC1L1	0.76	.001	0.63	.05	0.80	.01
ABCG5	-0.74	.001	-0.62	.05	-0.50	NS
ABCG8	-0.66	.01	-0.42	NS	0.41	NS
HMGCoA reductase	0.47	.05	0.07	NS	0.55	NS
MTP	0.77	.001	0.68	.05	0.88	.001
Liver						
NPC1L1	0.55	.05	0.24	NS	0.29	NS
ABCG5	-0.51	.05	0.45	NS	0.16	NS
ABCG8	-0.56	.05	0.33	NS	0.19	NS
HMGCoA reductase	0.47	NS	0.01	NS	0.18	NS
MTP	0.88	.001	0.55	NS	0.15	NS

NS indicates not significant.

<sup>\*</sup> P < .05, different from control rats.

<sup>\*\*</sup> P < .01, different from control rats.

<sup>\*\*\*</sup> P < .0005, different from control rats.

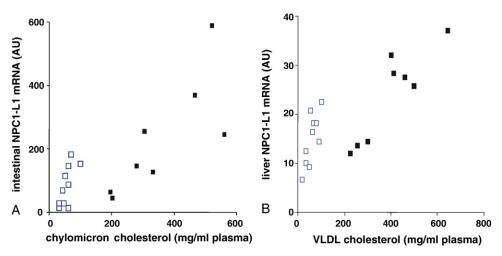


Fig. 3. Relationship between (A) chylomicron cholesterol and intestinal *NPC1L1 mRNA* in diabetic ( $\blacksquare$ , n = 8, r = 0.63, P < .05) and control ( $\square$ , n = 10, r = 0.80, P < .01) animals and in the combined group (n = 18, r = 0.76, P < .001) and between (B) VLDL cholesterol and liver *NPC1L1 mRNA* in diabetic ( $\blacksquare$ , r = 0.90, P < .001) and control ( $\square$ , r = 0.79, P < .01) animals and in the combined group (r = 0.81, P < .001).

# 2.5. Correlation between lipoprotein cholesterol and intestinal and hepatic mRNA expression in diabetic and control rats

There was a strong positive correlation in the combined diabetic and control rats between intestinal *NPC1L1* and chylomicron cholesterol (P < .01) (Table 5). These correlations remained when the diabetic and control groups were analyzed separately (P < .05 and P < .01, respectively) (Fig. 3). Intestinal ABCG5 and ABCG8 correlated negatively with chylomicron cholesterol in the combined group (P < .01); in the diabetic rats, chylomicron cholesterol correlated with G5 (P < .05). The relationship with G5 or G8 was not significant in the control animals. There was a positive correlation between intestinal HMGCoA reductase and chylomicron cholesterol when both groups were analyzed together (P < .001), but this significance was lost when the groups were analyzed separately. Intestinal MTP in the combined group strongly correlated with chylomicron cholesterol (P < .001); this significance remained when the diabetic and control groups were analyzed separately (P < .05and P < .001, respectively).

There was a strong positive correlation between liver NPC1L1 and VLDL cholesterol (P < .001) (Table 6) that was also present in the diabetic (P < .001) and control (P < .01) groups (Fig. 3). There was a negative correlation between both intestinal and hepatic ABCG5 and ABCG8 and VLDL cholesterol in the combined group (P < .01). In the diabetic rats, the correlation remained in the intestine and in the liver for ABCG5 (P < .05), but there was no correlation in the control group (Table 6). There was no correlation between hepatic HMGCoA reductase and VLDL cholesterol. There was a significant correlation in the combined groups between hepatic MTP and VLDL cholesterol (P < .001), which remained when the diabetic

and control groups were analyzed separately (P < .01 and P < .05, respectively) (Fig. 4).

#### 3. Discussion

The atherogenicity of postprandial lipoproteins is well recognized and may be of particular importance in diabetes. Interrelationship between *mRNA* expression of genes affecting cholesterol metabolism in the liver compared to the intestine and the effect of fasting on gene expression is poorly described in the literature. Studies examining human intestinal biopsies are usually done in the fasting state, but genes regulating the postprandial phase may be up-regulated by food.

Table 6
Correlations between VLDL cholesterol and intestinal and hepatic mRNA (AU)

	Whole group		Diabetic		Control	
	VLDL cholesterol (r)	P <	VLDL cholesterol (r)	P <	VLDL cholesterol (r)	<i>P</i> <
Intestine						
NPC1L1	0.51	.05	0.01	NS	0.47	NS
ABCG5	-0.83	.001	-0.65	.05	-0.13	NS
ABCG8	-0.78	.001	-0.72	.05	-0.77	.01
HMGCoA reductase	0.30	NS	-0.32	NS	0.22	NS
MTP	0.6	.01	0.14	NS	0.34	NS
Liver						
NPC1L1	0.81	.001	0.90	.001	0.79	.01
ABCG5	-0.70	.001	-0.64	.05	-0.64	.05
ABCG8	-0.70	.001	-0.36	NS	-0.67	.05
HMGCoA reductase	-0.34	NS	-0.44	NS	-0.56	NS
MTP	0.77	.001	0.76	.01	0.66	.05

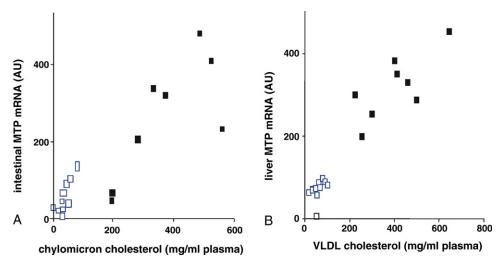


Fig. 4. Relationship between (A) chylomicron cholesterol and intestinal  $MTP\ mRNA$  in diabetic ( $\blacksquare$ , n = 8, r = 0.68, P < .05) and control ( $\square$ , n = 10 r = 0.88, P < .001) rats and in the combined group (n = 18, r = 0.77, P < .001) and between (B) VLDL cholesterol and liver  $MTP\ mRNA$  in diabetic ( $\blacksquare$ , r = 0.76, P < .01) and control ( $\square$ , r = 0.66, P < .05) animals and in the combined group (r = 0.77, P < .001).

We examined the effect of fasting for 6 and 12 hours in nondiabetic cholesterol-fed rats and demonstrated a significant decrease in both chylomicron and VLDL protein and lipid after 12-hour fast. There was no change in intestinal mRNA levels of HMGCoA reductase, MTP, ABCG5 and ABCG8, or NPC1L1 during the 12-hour fast. This was a shortterm experiment, but Field et al [16] reported experiments in the hamster and showed, over a 14-day period, that adding cholesterol to the chow diet did not alter NPC1L1, whereas ABCG5 and ABCG8 were increased. In mice, it has been shown that cholesterol feeding together with cholate for 7 days resulted in a reduction in intestinal NPC1L1 with no significant change in ABCG5 and ABCG8 [15]. Thus, the regulation of NPC1L1 and the ABCG5 and ABCG8 may vary depending on the animal model used. We measured the mRNA for HMGCoA reductase, the rate-limiting enzyme for cholesterol synthesis and found no change after a 12-hour fast, although HMGCoA reductase is known to be upregulated by cholesterol depletion. MTP regulates chylomicron assembly, but intestinal mRNA levels were unchanged by the fast in our study. Cholesterol is known to regulate MTP expression through its sterol-binding domain [17,18]; however, because dietary cholesterol is trapped by the enterocyte and biliary cholesterol is continually available to the intestine for reabsorption together with de novo synthesized cholesterol, it was perhaps to be expected that HMGCoA reductase and MTP mRNA would not change in this short period of fasting. The present study demonstrates that in this animal model, the 12-hour fasting state reflects the fed state in the intestine.

This study gave us the opportunity to examine *mRNA* changes in the liver during a 12-hour fast. The results were similar to those found in the intestine except that there was a stepwise reduction in *MTP* in the liver. This was accompanied by a reduction in VLDL. The implications of this finding are unclear because the change in the chylomicrons

over the 12 hours was very similar to that found in the VLDL. It is possible that a longer fast would have been necessary to see a reduction in MTP in the intestine particularly because dietary cholesterol may be trapped in the intestinal villi for some time. Previous studies have suggested that both cholesterol and triglyceride drive MTP [14,18,21], although we found that cholesterol appeared to have the stronger effect [14]. It could be that the diminishing delivery of chylomicron cholesterol to the liver resulted in the down-regulation of hepatic MTP mRNA. MTP inhibition leads to steatosis both in the intestine and in the liver [22]. Steatosis also occurs frequently in obesity, suggesting that there are limits to MTP up-regulation.

We have previously shown, in animal models, a relationship between HMGCoA reductase in the intestine and liver [19]. In the present study, there was no correlation in the fasting state between intestinal and hepatic mRNA levels of any of the genes measured. In the postprandial phase only ABCG5 and ABCG8 mRNA in the intestine correlated significantly with levels in the liver (P < .05)(Fig. 2). The study suggests that, in the rat, the mRNA of NPC1L1, and MTP are independently regulated in the intestine and liver. Chylomicron cholesterol closely correlated with the intestinal NPC1L1 mRNA levels as expected because NPC1L1 regulates cholesterol absorption (Fig. 3). NPC1L1 is probably involved in the absorption of not only dietary cholesterol, but also biliary cholesterol and endogenously synthesized cholesterol [2,23]. In the present study, there was a positive correlation between hepatic NPC1L1 and VLDL cholesterol, suggesting an important role for hepatic NPC1L1 in the delivery of cholesterol to the VLDL particle. An NPC1L1 knockout mouse has been described. The animals displayed an increase in HMGCoA reductase, but despite this increase, VLDL cholesterol was significantly reduced, confirming an important role for NPC1L1 in the

delivery of hepatic cholesterol into the circulation [15]. We did not find any correlation between *NPC1L1* and *HMGCoA reductase* in either the liver or intestine, but it would be interesting to examine the relationship in animals on a chow diet without added cholesterol.

Postprandial dyslipidemia is a feature of diabetes, and in this study, diabetes resulted in significant increase in the number of chylomicron particles. The increased MTP mRNA in the intestine in the diabetic animals suggests that an increase in particle synthesis is a major cause for this dyslipidemia. In the diabetic rabbit model we have also shown an increase in particle number [10], whereas in the streptozotosin diabetic rats we have demonstrated an increase in chylomicron lipid and cholesterol without an increase in particle number [12]. An increase in chylomicron particle production has previously been demonstrated in the insulinresistant fructose-fed hamster [13]. The present study suggests that an increase in cholesterol absorption through increased NCPC1L1 and decreased excretion by reduced ABCG5 and ABCG8 both play a part in delivery of excess cholesterol for chylomicron assembly by MTP in diabetes.

The considerable up-regulation of *NPC1L1* gene expression in the liver of the diabetic rat and the close correlation between *mRNA* level and VLDL cholesterol suggest an important role of the gene in the dysregulation of VLDL metabolism in diabetes. We have shown up-regulation of human intestinal *NPC1L1* in diabetes [6], and it would be interesting to know if human diabetes is also associated with up-regulation of *NPC1L1* in the liver. This may be of particular importance because an inhibitor of *NPC1L1* is now available [2,24].

Recently it has been suggested that because of differential localization of ABCG5 and ABCG8 they may have independent functions, as well as functioning as a heterodimer [25]. Cholesterol absorption has been difficult to measure, but it has been suggested that it is not altered in type 2 diabetes mellitus [26], whereas it is increased in type 1 diabetes mellitus [5] Streptozotocin diabetic rats are a model of type 1 diabetes mellitus and it is of interest that our findings suggest a net increase in cholesterol absorption both through an up-regulation of NPC1L1 and through a down-regulation of ABCG5 and ABCG8 in the diabetic animals in both liver and intestine. Bloks et al [27] also found reduced levels of ABCG5 and ABCG8 in streptozotozin diabetic rats and they calculated that cholesterol absorption was increased in their rats. The correlations between intestinal and hepatic ABCG5 and ABCG8 have been explored in nondiabetic rats, and cholesterol feeding appears to down-regulate ABCG5 and ABCG8 in the liver and increase levels in the ileum [28]. In our rat model of diabetes, both liver and intestine seem to be sensitive to the effects of diabetes. The differences in correlation of ABCG5 and ABCG8 with chylomicron and VLDL cholesterol support the concept that the 2 proteins may have separate functions as well as acting as heterodimers in the role of cholesterol excretion.

In this study, we did not measure either protein or activity. In previous studies, we have shown a correlation between MTP mRNA and activity [11]. HMGCoA reductase mRNA has also been shown to reflect activity [29]. To our knowledge, there is no information on the relationship between ABCG5/ABCG8 activity and mRNA and we were unable to discover whether NPC1L1 mRNA reflects activity. The significant correlations with lipoprotein cholesterol do suggest that NPC1L1 gene expression does reflect activity. ABCG5/ABCG8 correlations are less supportive because they were only present in the combined diabetic and control group.

In conclusion, MTP, NPC1L1, and ABCG5 and ABCG8 expression do not change in the intestine at the end of a 12-hour fast, suggesting that it is legitimate to measure gene expression in either the fasting or fed state. Hepatic MTP mRNA expression decline significantly at the end of the fast (P < .05). In the streptozotocin diabetic rat model, NPC1L1 and MTP mRNA are increased in both liver and intestine and ABCG5/ABCG8 mRNA are decreased (P < .05). These results were associated with the abnormalities in chylomicron and VLDL composition, which are typically found in diabetes. The correlations we have found in this study between NPC1L1, ABCG5/ABCG8 and MTP with chylomicron and VLDL cholesterol confirm the known function of these genes in regulating cholesterol composition of the chylomicrons and VLDL.

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